

SPA PRICING MENU

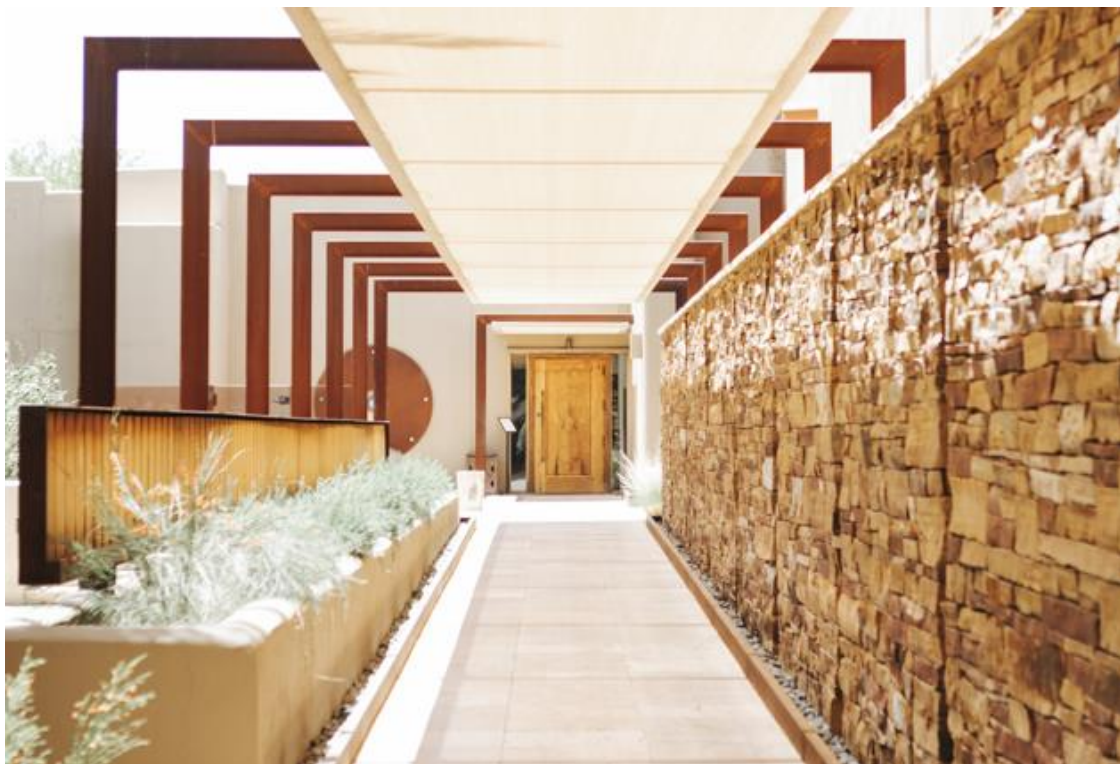
Life In Balance Spa

Hours 8:30 AM - 9:00 PM

Please plan to arrive at the spa at least 10 minutes prior to the scheduled treatment start time on your itinerary.

Relax in our quiet room before or after your service. Late arrivals will end at the scheduled time. Spa treatments are non-refundable for cancellation and changes 4 hours prior to the treatment start time.

Out of respect for our colleagues and our work environment, we ask that you cancel your spa appointments if you are feeling or experiencing any cold or flu like symptoms.



SERVICE	TIME	PRICE
SALON - MANICURE & PEDICURE		
Cold Stone & Clay Manicure	50 min	\$95
Cold Stone & Clay Pedicure	50 min	\$110
Deborah Lippmann Signature Manicure	50 min	\$85
Deborah Lippmann Signature Pedicure	50 min	\$100
Express Manicure	20 min	\$65
Express Pedicure	20 min	\$70
French Polish <i>add on for Mani/Pedi</i>	-	\$25
Manuka Honey Manicure	50 min	\$85
Manuka Honey Pedicure	50 min	\$100
Shellac Removal <i>add on for Mani/Pedi</i>	-	\$30
Sweet Birch & Stone Manicure	50 min	\$95
Sweet Birch & Stone Pedicure	80 min	\$155

SALON - HAIR		
Bang Trim	25 min	\$35
Beard/Mustache Trim	25 min	\$35
Color	80 min	\$175
Clipper Cut	25 min	\$50
Highlighting	80 min	\$190
Mindful Hair & Scalp Renewal	80 min	\$215
Shampoo, Cut, Style - Short	50 min	\$95
Shampoo, Cut, Style - Long	80 min	\$135
Styling Treatments - Short	50 min	\$85
Styling Treatments - Long	80 min	\$125

**We are a natural nail salon.*

Resort credit can be applied to any spa service. Contact Spa Concierge at ext. 4510 to book your experience.

SERVICE	TIME	PRICE
AYURVEDA		
Abhyanga	50 min	\$225
Brahmi Charan	50 min	\$235
Brahmi Swedna	50 min	\$235
Rasayana Renewal Ritual	100 min	\$395
Rasayana Shirodhara	100 min	\$395
Shamana-Karma	75 min	\$325
Pradhana Veda - the Ultimate Ayurveda	100 min	\$395
Vendanta Mantra Meditation	75 min	\$270
Vendanta Mantra Meditation - Duet	75 min	\$325

SKIN CARE		
Alpha Beta Professional Peel**	-	\$65
Dermaflash Enhancement**	-	\$75

****This is an enhancement to a facial treatment and will not extend the time of the facial.**

Anti-Oxidant Vibrancy Facial	50 min	\$215
Cara Vida	50 min	\$235
Dermaflash Express Facial	20 min	\$145
Essence of Miraval Facial <i>including prenatal</i>	80 min	\$355
Express Glow Facial	20 min	\$145
Hydrafacial	50 min	\$335
Hydrafacial Express	20 min	\$175
Niramaya	50 min	\$215
Organic Facial <i>(including prenatal)</i>	50 min	\$215
Probiotic Healing Facial	50 min	\$215
Purifying Back Facial	50 min	\$215
Quantum Energy Face Treatment	50 min	\$275
Quantum Energy Face Treatment	80 min	\$335
Renew & Restore Facial	50 min	\$215
Sun Goddess Facial	50 min	\$215
Vitamin C Facial	50 min	\$215
Vitamin C Facial	80 min	\$325



SERVICE	TIME	PRICE
ENERGY & EASTERN		
Acupuncture <i>including prenatal</i>	20 min	\$145
Acupuncture <i>including prenatal</i>	50 min	\$215
Acupuncture	80 min	\$315
Ear Seeding * enhancement to acupuncture	~	\$35
Aqua Zen <i>including prenatal</i>	50 min	\$270
Chi Nei Tsang	50 min	\$210
Craniosacral Therapy <i>including prenatal</i>	50 min	\$210
Intuitive Massage	75 min	\$370
Jin Shou-Tui Na	50 min	\$265
Mother's Blessing <i>including prenatal</i>	20 min	\$135
Mother's Blessing <i>including prenatal</i>	50 min	\$215
Naga	50 min	\$275
Naga	80 min	\$385
Path of the Jaguar <i>including prenatal</i>	50 min	\$235
Qi Awakening	50 min	\$265
Qi Facial Rejuvenation <i>including prenatal</i>	75 min	\$355
Qi Grounding	50 min	\$265
Qi Journey	80 min	\$355
Reflexology	50 min	\$210
Reiki <i>including prenatal</i>	50 min	\$210
Syner-Qi	20 min	\$175
Syner-Qi	50 min	\$295
Syner-Qi	80 min	\$395
Thai Foot & Leg	50 min	\$220
Thai Massage	50 min	\$245
Thai Massage	80 min	\$345
Vasudhara	50 min	\$305

SERVICE	TIME	PRICE
MASSAGE		
Body in Balance	50 min	\$255
Body in Balance	80 min	\$355
Calming Hot Stone Massage	75 min	\$335
Deep River Stone Massage	75 min	\$350
Focus Massage	20 min	\$145
Intuitive Massage	75 min	\$370
Juniper Leg & Foot	50 min	\$225
Miraval Deep Massage	50 min	\$225
Miraval Deep Massage	80 min	\$325
Miraval Grounding <i>including prenatal</i>	50 min	\$215
Miraval Relaxation Massage	50 min	\$210
Miraval Relaxation Massage	80 min	\$310
Neck & Scalp Massage <i>including prenatal</i>	20 min	\$145
Neuromuscular Massage	20 min	\$165
Neuromuscular Massage	50 min	\$270
Neuromuscular Massage	80 min	\$370
Peaceful Sleep	20 min	\$150
Prenatal Massage	50 min	\$210
Sacred Sounds Massage	50 min	\$225
Sweet Slumber Massage	75 min	\$315
Syner-Qi	20 min	\$175
Syner-Qi	50 min	\$295
Syner-Qi	80 min	\$395
Tavasya	100 min	\$395
Tula <i>including prenatal</i>	50 min	\$235
Tula <i>including prenatal</i>	80 min	\$335

SERVICE	TIME	PRICE
BODY RENEWAL RITUALS		
Abundance	75 min	\$325
Desert Sage Body Polish	50 min	\$245
Detox & Firm	100 min	\$395
Ginger Healer	75 min	\$335
Lemongrass Escape <i>including prenatal</i>	100 min	\$395
Prickly Pear Sugar Scrub <i>including prenatal</i>	50 min	\$245



PRENATAL SERVICES

These services can be enjoyed throughout all stages of pregnancy:

- Facials
- Craniosacral
- Reiki
- Mother's Blessing
- Path of the Jaguar
- Neck and Scalp Massage
- Manicures and Pedicures
- Aqua Zen

In addition to the above these services can be enjoyed after the first trimester of pregnancy:

- Prenatal Massage
- Focus Massage
- Tula
- Miraval Grounding
- Lemongrass Escape
- Prickly Pear Sugar Scrub
- Nature's Apothecary

Resort credit can be applied to any spa service. Contact Spa Concierge at ext. 4510 to book your experience.